

# Week 1 Breakfast and Lunch Menu

	Monday 18-Feb	Tuesday 19-Feb	Wednesday 20-Feb	Thursday 21-Feb	Friday 22-Feb	Saturday 23-Feb	Sunday 24-Feb
<b>Day Breakers</b>	GF Crispy Bacon V Cinnamon French Toast GF Potatoes O'Brien V Grits V GF Cage Free Eggs Made to Order Omelet Station V Belgian Waffle Bar with Fruit Topping	GF Turkey Sausage Patty V Buttermilk Pancake GF Baked Hash Brown Patty V Cream of Wheat V GF Cage Free Eggs Made to Order Omelet Station V Belgian Waffle Bar with Fruit Topping	GF Turkey Bacon V French Toast Sticks GF Shredded Hash Browns V Oatmeal V GF Cage Free Eggs Made to Order Omelet Station V Belgian Waffle Bar with Fruit Topping	GF Sausage Patty Bacon, Egg and Cheese Sandwich GF Tater Tots V Cheesy Grits V GF Cage Free Eggs Made to Order Omelet Station V Belgian Waffle Bar with Fruit Topping	GF Crispy Bacon Sausage Gravy over Biscuits GF Home Fries V Honey Oats V GF Cage Free Eggs Made to Order Omelet Station V Belgian Waffle Bar with Fruit Topping	GF Sausage Patty Waffle Sticks GF Tater Tots V Oatmeal V GF Cage Free Eggs Made to Order Omelet Station V Belgian Waffle Bar with Fruit Topping	GF Turkey Bacon Scrambled Eggs GF Potatoes O'Brien V Cream of Wheat V GF Cage Free Eggs Made to Order Omelet Station V Belgian Waffle Bar with Fruit Topping
<b>BRAVO!</b>	<b>Thai Curry Buddha Bowl</b> GF Black Thai Pork V GF Black Thai Tofu V GF Thai Coconut Curry Sauce Steamed Rice Red Onions Zucchini Scallions Bean Sprouts Sriracha Sesame Oil	<b>Pasta Station</b> GF Carbonara Sauce GF Bolognese Sauce GF Roasted Boneless Chicken Thighs Fettuccine Penne Olives Bacon Spinach Broccoli Mushrooms GF Pasta	<b>Crepe Station</b> Crepes Blueberries Apples Sweet Cream Cheese Strawberry Sauce Powdered Sugar	<b>Hawaiian Pork Nachos</b> GF Char Sui Chipped Pork V GF Coconut Infused TVP V GF Grilled Pineapple Salsa V GF Cilantro Lime Crema Lettuce Tomato Diced Onion Jalapenos Black Bean Mango Salsa	<b>Stir Fry Station</b> Chicken Tofu Vegetable Fried Rice Peppers Broccoli Napa Cabbage Mushrooms 5 Spice Hoisin Red Onion Carrots Water Chestnuts Sweet Thai Chili	Sausage, Egg and Cheese Burrito Buffalo Chicken Fajitas Broccoli and Cheddar Fries of the Day	Egg, Bacon and Cheese Croissant Burger Prince Edward Vegetables Fries of the Day
<b>MARKET ST. DELI</b>	V Make Your Own Caprese Grilled Cheese	Make Your Own Chicken Cordon Bleu Panini	Make Your Own Hot Ham and Cheese Sandwich	Make Your Own Hot Pastrami with Swiss, Sauerkraut and Rye Bread	Make Your Own Roasted Vegetable Flatbread		
<i>Main Plate</i>	V Sloppy Joe on Bun V GF Mini Pierogies V GF Steamed Carrots	GF Kung Pao Pork V GF Brown Rice V GF Sesame Broccoli	Beef Burgundy V GF Buttered Egg Noodles V GF Green Bean Casserole	Chicken Tenders V GF Macaroni and Cheese V GF Stewed Tomatoes	GF Shrimp Scampi V GF Fettucini with Parmesan V GF Broccoli		
<b>Live Well</b>	V GF Vegan Fajita with Onions & Peppers V GF Spanish Style Corn	V GF Vegan Gumbo V GF Red Beans and Rice	V GF Grilled Sesame Tofu and Peppers V GF Jasmine Rice	V GF Mushroom & Quinoa Stuffed Peppers V GF Grilled Zucchini	V GF Sweet Thai Chili V GF Grilled Tofu with Sesame Scallion Drizzle V GF Lemon Scented White Rice		
<b>VILLA TOSCANA</b>	V Pasta Pomodoro with Three Cheeses V Garlic Parmesan Breadsticks	V Cheese Pizza V Buffalo Chicken Ranch Pizza	V Garlic & Oil Broccoli Pasta with Asiago V Garlic Parmesan Breadsticks	Philly Cheesesteak Stromboli V Cheese Pizza	Chili Mac V Garlic Parmesan Breadsticks		
<b>Poblanos</b>	<b>Enchilada Station</b> GF Chicken Enchilada V GF Mexican Rice V GF Black Beans V GF Corn	<b>Build your own Tacos</b> GF Taco Beef V GF Mexican Textured Vegetable Protein V GF Hard Shell Taco V GF Soft Shell Corn Tortilla Diced Tomato Diced Red Onion Jalapeno Cheddar	<b>Build your own Burrito</b> GF Slow Roasted Pulled Chicken V GF Roasted Red Pepper Tofu V GF Cilantro Rice Corn Diced Tomato Diced Red Onion Jalapeno Cheddar	<b>Fill your own Taco Bowl Salad</b> GF Mexican Shaved Beef V GF Crispy Citrus Tofu Bites V GF Mixed Greens V GF Chipotle Ranch Diced Tomato Diced Red Onion Jalapeno Cheddar	<b>Nachos Dip Station</b> V GF Spinach Dip V GF Hot Pimento Cheese Dip V GF Taco Dip V GF Tortilla Chips		
<b>J. CLARK'S GRILLE</b>	V Black Bean Burger V House Cut French Fries V GF Seasonal Vegetable	Cajun Turkey Burger V GF Curly Fries V GF Seasonal Vegetable	Pulled Pork V GF House Made Chips V GF Seasonal Vegetable	GF Italian Sausage Sandwich GF Peppers & Onions V GF Fries of the Day V GF Seasonal Vegetable	Mushroom Swiss Burger V GF House Cut French Fries V GF Seasonal Vegetable		
<b>duJour</b>	V Chicken Noodle Soup Cream of Mushroom	V Chicken Noodle Soup V Five Onion Bisque	V Chicken Noodle Soup V Cheesy Asparagus	V Chicken Noodle Soup V GF Vegan Corn and Sweet Potato Soup	Chicken Noodle Soup New England Clam Chowder	Soup of the Day	Soup of the Day

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

Denotes Vegetarian Item

Denotes Vegan Item

Denotes Gluten-Friendly Item