






Week 3 Dinner Menu

	Monday 3-Mar	Tuesday 4-Mar	Wednesday 5-Mar	Thursday 6-Mar	Friday 7-Mar	Saturday 8-Mar	Sunday 9-Mar
	General Tso's	Egg Sandwich Station	Mounties Bowl Station	Italian Station			
	General Tso's Chicken General Tso's Cauliflower Fried Low Mein Noodles Brown Rice Garlic Broccoli Scallions Onions Peppers Carrots Chili Flake	Turkey Bacon Sausage Patty Scrambled Eggs Egg Whites Fried Eggs American Cheese Cheddar Cheese Mozzarella Cheese Croissant English Muffin 12 Grain Toast Buttermilk Biscuit	Fried Chicken Bites Mashed Potatoes Buttered Corn Chicken Gravy Cheddar Cheese Broccoli Scallions Hot Sauce	Turkey Piccata Fettuccini Pasta Lemons Capers Mushrooms Fresh Parsley Fresh Basil Garlic White Wine Parmesan Cheese Asiago Cheese			
	Make Your Own BZT- Grilled Bacon, Roast Zucchini, and Cheese Melt	Make Your Own Cuban- Ham, Cappicola, Pickles, Swiss and Mustard	Make Your Own Tuna Melt	Make Your Own Chicken Pesto Panini V	Make Your Own Grilled Cheese		
<i>Main Plate</i>	Beef Tips V Buttered Egg Noodles V Roasted Carrots Va GF	Romano Chicken Cheese Manicotti Va GF Sauteed Yellow Squash Va GF	Sweet & Sour Pork Mini Fried Egg Rolls Va GF Snap Peas Va GF	Roast Beef with Au Jus Baked Potato V Sauteed Garlic Zucchini Va GF	Baked Haddock Brown Butter Orzo V Roasted Cauliflower Va GF	Turkey Marsala Mashed Potatoes Va GF Green Beans Va GF	Old bay Chicken Wild Rice Pilaf Steamed Broccoli
	Veggie Jambalaya Va GF Grilled Tomatoes Va GF	Tofu in Tomato Broth Va GF Quinoa Cakes Va GF	Roasted Portobello Va GF Tomato Rice Va GF	Quinoa Pilaf Va GF Roasted Carrots Va GF	Tuscan Garbanzo Beans Va GF Grain Blend	Black Bean Cakes with Fruit Chutney Va GF	Vegetable Stuffed Cabbage
	Chicken Cordon Bleu Quesadilla	Homemade Empanadas	Make your own Fajitas	Chicken Bacon Ranch Burrito	Dip Station		
	Grilled Chicken Sliced Ham Swiss Cheese Diced Tomato Shredded Lettuce Diced Red Onion Olives Jalapeno Sour Cream Cheddar Salsa Italian Sausage Sandwich with Peppers Marinara Sauce Potato Wedges Seasonal Vegetable	Roasted Pork Barbecue Empanadas Mexican Rice Diced Tomato Shredded Lettuce Diced Red Onion Olives Jalapeno Sour Cream Cheddar Salsa Chicken Patty House Made Chips Seasonal Vegetable	Chili Lime Grilled Shrimp Rice and Beans Grilled Peppers Grilled Onions Diced Tomato Shredded Lettuce Diced Red Onion Olives Jalapeno Sour Cream Cheddar Salsa Chicken Alfredo Flat Bread Curly Fries Seasonal Vegetable	Grilled Chicken Bacon Ranch Dressing Diced Tomato Shredded Lettuce Diced Red Onion Olives Jalapeno Sour Cream Cheddar Salsa Chicken Parmesan Slider Ranch Chips Seasonal Vegetable	Buffalo Chicken Dip Crab Dip Nacho and Pita Chips Diced Tomato Shredded Lettuce Diced Red Onion Olives Jalapeno Sour Cream Cheddar Salsa Hamburger French Fries Seasonal Vegetable		
	Vegetable Soup Va GF Wisconsin Cheddar Soup V	Vegetable Soup Va GF Cream of Potato Soup	Vegetable Soup Va GF Turkey Noodle Soup V	Vegetable Soup Va GF Corn Chowder V	Vegetable Soup Va GF Cream of Tomato Soup	Soup of the Day	Soup of the Day

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

V Denotes Vegetarian Item

Va Denotes Vegan Item

GF Denotes Gluten-Friendly Item