





















































































## Week 3 Breakfast and Lunch Menu

Monday 4-Mar		Tuesday 5-Mar		Wednesday 6-Mar		Thursday 7-Mar		Friday 8-Mar		Saturday 9-Mar		Sunday 10-Mar		
	    	Turkey Sausage Links Maple French Toast Tater Tots Grits Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	<b>COME JOIN US FOR MADRI GRAS</b>     	Canadian Bacon Apple Pancake Muffins Home Fries Cream of Wheat Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	<b>ASH WEDNESDAY</b>     	Crispy Bacon French Toast Sticks Baked Hash Brown Patty Oatmeal Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	    	Sausage Links Pancakes Potatoes O'Brien Cheesy Grits Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	    	Turkey Sausage Patty Mini Sticky Buns Tri Tator Honey Oats Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	    	Crispy Bacon Waffle Sticks Shredded Hash Browns Oatmeal Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	    	Ham Steak French Toast Sweet Potato Tots Cream of Wheat Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping
		<b>Noodle Bowl Station</b> Shaved Beef Tofu 5 Spice Beef Broth Roasted Vegetable Broth Ramen Noodles Red Onions Zucchini Baby Bok Choy Scallions Lime Wedges Chili Sauce	<b>Banh Mi Station</b> Hong Kong Style Pork Marinated Tofu Crispy Banh Mi Roll Pickled Cucumber Pickled Red Onion Jalapeno Scallions Hoisin Sauce	<b>Chicken Wing Station</b> Bone In Chicken Wings Mild Sauce Honey BBQ Sauce Carrots Ranch Dressing	<b>Love My Wraps</b> Tortilla Soft Shell Bacon Turkey Lettuce Mild Pepper Rng Onions Herb Mayo Mayo	<b>Shrimp and Grits Station</b> Sauteed Shrimp Andouille Sausage Cheesy Grits Tomato Gravy Scallions Crushed Red Pepper Flakes	Sausage, Egg, and Cheese Bagel Chicken Nuggets Roasted Cauliflower Fries of the Day	Cream Chip Beef Over Toast Hot Dogs Green Beans Fries of the Day						
		Make Your Own BZT- Bacon, Grilled Zucchini, Toast and Cheese	Make Your Own Capicola, Ham, Mozzarella, Provolone, Hard Salami, Olive Salad & Oregano Onions	Make Your Own Tuna Melt	Make Your Own Chicken Pesto Panini	Make Your Own Grilled Cheese								
	   	Spanish Chicken Thighs Yellow Rice & Beans Steamed Corn	<b>Cajun Shrimp</b> <b>Mardi Gras Rice</b> <b>Jambalaya</b>	   	Stuffed Flounder Roasted Potatoes Green Beans and Carrots	   	Chicken Florentine Wild Rice Pilaf Dijon Cauliflower	   	Cheese Ravioli with Marinara Grilled Salmon Broccoli					
		   	Chimichurri Tofu Sweet & Sour Vegetables	<b>Collard Greens</b> <b>Fried Okra</b>	   	Root Vegetable Stew Steamed Brown Rice	   	Kung Pao Brussel Sprouts Sesame Rice Noodles	   	Vegetable Stuffed Potatoes Asparagus				
	 	Pasta Primavera Garlic Parmesan Breadsticks	<b>Pepperoni and Sausage Stromboli</b>	 	Spinach & Mushroom Pasta Bake Garlic Parmesan Breadsticks	 	Sausage & Onion Pizza Pasta with Alfredo	 	Cheese Pizza Garlic Parmesan Breadsticks					
		<b>Healthy Taco Bowl Salad</b> Taco Seasoned Cauliflower Rice Corn Black Beans Shredded Cabbage/Shredded Carrots Diced Tomato Diced Red Onion Jalapeno Avocado Chili Lime Vinaigrette Ham and Cheese Pretzel Sandwich Sweet Potato Fries Seasonal Vegetable Vegetable Soup Wisconsin Cheddar Soup	<b>MADRI GRAS</b> Hush Puppies Shrimp Poy Boy Madri Gras Pasta Diced Tomato Shredded Lettuce Diced Tomato Shredded Lettuce Diced Red Onion Olives Jalapeno Sour Cream Avocado Chili Lime Vinaigrette Ham and Cheese Pretzel Sandwich Sweet Potato Fries Seasonal Vegetable Vegetable Soup Wisconsin Cheddar Soup	<b>Enchiladas</b> Shrimp Enchilada with Creamy Poblano Sauce Black Bean, Corn and Spinach Enchiladas Diced Tomato Shredded Lettuce Diced Red Onion Olives Jalapeno Sour Cream Cheddar Salsa Fish Sandwich Homemade Chips Seasonal Vegetable Vegetable Soup Turkey Noodle Soup	<b>Street Tacos</b> Pulled Pork Soft Shell Taco Pineapple Slaw Diced Tomato Shredded Lettuce Diced Red Onion Olives Jalapeno Sour Cream Cheddar Salsa Turkey Rachel Wrap French Fries Seasonal Vegetable Vegetable Soup Corn Chowder	<b>Dip Station</b> Buffalo Chicken Dip Crab Dip Nacho and Pita Chips Diced Tomato Shredded Lettuce Diced Red Onion Olives Jalapeno Sour Cream Cheddar Salsa Hot Dog on Bun Sausage, Egg, and Cheese Bagel Chicken Nuggets Fries of the Day Roasted Cauliflower Soup of the Day	Cream Chip Beef Over Toast Hot Dogs Green Beans Fries of the Day Soup of the Day							
														

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

 Denotes Vegetarian Item

 Denotes Vegan Item

 Denotes Gluten-Friendly Item