






## Week 5 Dinner Menu

	Monday 11-Feb	Tuesday 12-Feb	Wednesday 13-Feb	Thursday 14-Feb	Friday 15-Feb	Saturday 16-Feb	Sunday 17-Feb
	<b>Lo Mein Station</b>	<b>French Dip Station</b>	<b>Canadian Poutine Station</b>	<b>Asian Station</b>			
	Roasted Chicken Lo Mein Noodles  Napa Cabbage Peppers Bamboo Shoots Bean Sprouts Soy Sauce Sesame Oil	<sup>GF</sup> Shaved Oven Roasted Beef <sup>V</sup> Crispy French Baguette  <sup>Va</sup> Horseradish Cream Sauce Caramelized Onions Spicy Mustard Swiss Cheese Coleslaw Fresh Cut Chips	Straight Cut Fries Waffle Fries Shredded Beef  Cheese Curds Beef Gravy Parsley Cheddar Salt & Pepper Scallions	<sup>GF</sup> <b>BIBIMBAP</b> Korean Marinated Pork Steamed White Rice  Baby Bok Choy Carrots Napa Cabbage Fried Egg Sesame Oil Bean Sprouts Red Onion Kimchi Chili Paste			
	Make Your Own Roast Beef, Cheddar, Grilled Onion, Tomato, Horseradish Mayo	Make Your Own Ham, Swiss, Tomatoes	Make Your Own Turkey, Bacon, Lettuce, Tomato, Mayo	Make Your Own Sliced Chicken, Cheddar, Bacon, Tomato, Chipotle Mayo	Make Your Own The Goat- Grilled Portobello, Goat Cheese, Baby Spinach, Tomato, Red Onion		
<i>Main Plate</i>	<sup>GF</sup> Salisbury Steak <sup>Va</sup> Mashed Sweet Potatoes <sup>Va</sup> Sautéed Zucchini	Potato Chip Chicken <sup>Va</sup> Parsley Red Potatoes Roasted Cauliflower  <sup>Va</sup> Quick Mexican Chili Mexican Style Quinoa	Roast Beef & Gravy Texas Toast Mashed Potatoes Green Peas	Shrimp Scampi Linguine Steamed Broccoli	<sup>GF</sup> Teriyaki Baked Salmon <sup>GF</sup> Vegetable Fried Rice <sup>Va</sup> Grilled Yellow Squash	<sup>Va</sup> Sausage Baked Ziti <sup>Va</sup> Grilled Asparagus	Bean, Pork, Kielbasa, Chicken Casserole Rice Pilaf Grilled Zucchini
	<sup>Va</sup> Spicy Vegan Sofitas <sup>Va</sup> Cilantro Lime Rice	<sup>Va</sup> Quick Mexican Chili <sup>Va</sup> Mexican Style Quinoa	Orange Glazed Tofu Citrus Infused Lentils	Fall Squash Grain White Rice	<sup>Va</sup> Caribbean Vegetable Stew <sup>Va</sup> Roasted Sweet Potatoes	<sup>Va</sup> Buddha's Delight Bowl	Enchilada Casserole
	<b>Barbecue Chicken Nachos</b>	<b>Quesadillas</b>	<b>Street Tacos</b>	<b>Dominican Rice Bowl</b>	<b>Dip Station</b>		
	Barbeuce Chicken Nachos  Diced Tomato Diced Red Onion Jalapeno Guacamole  Italian Sausage Sandwiches Peppers and Onions House Made Potato Chips Seasonal Vegetable	<sup>V</sup> Black Bean and Corn Quesadilla <sup>V</sup> Cheese Quesadillas  Diced Tomato Diced Red Onion Jalapeno Guacamole  Patty Melt Steak Fries Seasonal Vegetable	<sup>GF</sup> Citrus Marinated Fish  Hard Shell Tacos Soft Corn Tortillas  Refried Beans Lettuce Cilantro Lime Wedges Salsa  Pulled Pork Carolina BBQ Sauce Shoe String Fries Seasonal Vegetable	Sazon Chicken Spanish White Rice Dominican Beans Chimichurri Salsa Shredded Cabbage Sour Cream Maduros Red Onion Pepperoni Burger House Made Fries Seasonal Vegetable	Bacon Spinach Dip Shrimp Dip Nacho Chips/Pita Chips  Chicken Patty French Fries Seasonal Vegetable	Chicken Cheesesteak House Made Potato Chips Seasonal Vegetable	Shrimp Po' Boy Club Fries of the Day Seasonal Vegetable
	Loaded Baked Potato Soup Beef Enchilada Soup	Loaded Baked Potato Soup Chicken & Rice Soup	Loaded Baked Potato Soup Tomato Soup	Loaded Baked Potato Soup Turkey Barley Soup	Loaded Baked Potato Soup Lobster Bisque	Soup of the Day	Soup of the Day

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

<sup>V</sup> Denotes Vegetarian Item

<sup>Va</sup> Denotes Vegan Item

<sup>GF</sup> Denotes Gluten-Friendly Item