

Week 5 Breakfast and Lunch Menu

Monday 11-Feb		Tuesday 12-Feb		Wednesday 13-Feb		Thursday 14-Feb		Friday 15-Feb		Saturday 16-Feb		Sunday 17-Feb		
Day Breakers	Crispy Bacon		Sausage Patty		Turkey Bacon		Sausage Links		Turkey Sausage Patty		Sausage, Egg and Cheese Biscuit		Ham Egg and Cheese Croissant	
	Bacon, Egg and Cheese Sandwich		Peach Pancakes		French Toast		Canadian Bacon, Egg and Cheese on English Muffin		Hot Cinnamon Buns		Crispy Bacon		Ham Steak	
BRAVO!	Tater Tots		Home Fries		Baked Hash Brown Patty		Potatoes O'Brien		Tri Tator		Shredded Hash Browns		Sweet Potato Tots	
	Grits		Cream of Wheat		Oatmeal		Cheesy Grits		Honey Oats		Oatmeal		Cream of Wheat	
MARKET CL DELI	Cage Free Eggs Made to Order		Cage Free Eggs Made to Order		Cage Free Eggs Made to Order		Cage Free Eggs Made to Order		Cage Free Eggs Made to Order		Cage Free Eggs Made to Order		Cage Free Eggs Made to Order	
	Omelet Station		Omelet Station		Omelet Station		Omelet Station		Omelet Station		Omelet Station		Omelet Station	
Live Well	Belgian Waffle Bar with Fruit Topping		Belgian Waffle Bar with Fruit Topping		Belgian Waffle Bar with Fruit Topping		Belgian Waffle Bar with Fruit Topping		Belgian Waffle Bar with Fruit Topping		Belgian Waffle Bar with Fruit Topping		Belgian Waffle Bar with Fruit Topping	
	Yogurt Parfait Station		Kielbasa and Pierogie Station		Buffalo Chicken Wing Station		Guacamole Station		Chopping Block					
VILLA TOSCANA	Vanilla Greek Yogurt		Smoked Kielbasa		Bone in Wings		Chili Lime tortilla		Greek Marinated Turkey					
	Strawberry Yogurt		Pierogies				Tri Color Tortilla		House Made Greek Dressing					
J. CLARK'S GRILLE	Strawberries		Sour Cream		Buffalo Sauce		Avocado		Salad Blend					
	Blueberries		Sauteed Green Pepper		Hot Sauce		Diced Tomatoes		Olives					
duJour	Bananas		Cheddar Cheese		Honey BBQ		Diced Onion		Tomato					
	Pineapple		Sauteed Red Pepper		Sweet Chili		Pico De Gallo		Onion					
MARKET CL DELI	Kiwi		Sauteed Onion		Bleu Cheese Dressing		Diced Jalapeno		Basil					
	Granola		Sauerkraut		Ranch Dressing		Cilantro		Cucumber					
MARKET CL DELI	Chia Seeds		Chives		Carrots		Lime Juice		Feta Cheese					
	Pumpkin Seeds		Butter		Celery				Carrots					
MARKET CL DELI	Dried Cranberries		Sauteed Mushrooms		Parmesan									
	Banana Chips		Bacon											
MARKET CL DELI	Chocolate Chips													
	Honey													
MARKET CL DELI	Make Your Own		Make Your Own		Make Your Own		Make Your Own		Make Your Own					
	Roast Beef, Cheddar, Grilled Onion, Tomato, Horseradish Mayo		Sliced Chicken, Cheddar, Bacon, Tomato, Chipotle Mayo		Turkey, Bacon, Lettuce, Tomato, Mayo		Ham, Swiss and Tomato		The Goat- Grilled Portobello, Goat Cheese, Baby Spinach, Tomato, Red Onion					
MARKET CL DELI	Roasted Chicken		Pork Marsala		Open Faced Turkey Sandwich		Beef Stew		Parmesan Pesto Fish					
	Broccoli Cheddar Rice Bake		Brown Rice		Mashed Potatoes		Biscuits		Wild Rice Pilaf					
MARKET CL DELI	Steamed Carrots		Roasted Broccoli		Steamed Corn		Green Beans with Cherry Tomatoes		Sauteed Zucchini					
	Biryani		Sweet Potato Tostadas		Greek Stuffed Peppers		Stuffed Twice Baked Potatoes		Roasted Peppers		Incan Bowl		Mayan Bowl	
MARKET CL DELI	Quinoa		Garlic Sauteed Spinach		Brown Rice		Roasted Vegetables		Portuguese Arroz					
	Chicken Alfredo Bake		Meatball Pizza		Vegetable Lasagna		Chicken Bacon Ranch Pizza		Chipotle Cheddar Macaroni and Cheese					
MARKET CL DELI	Garlic Parmesan Breadsticks		Pasta with Marinara		Garlic Parmesan Breadsticks		Pasta with Alfredo		Garlic Parmesan Breadsticks					
	Taco Bowl Salad		Beef and Bean Burrito		Tamale		Tater Tot Bar		Dip Station					
MARKET CL DELI	Sazon Pork		Seasoned Beef		Chicken Tamale Pie		Turkey Chili		Bacon Spinach Dip					
	Brown Rice		White Rice		Vegetarian Tamale Pie		Cheese Sauce		Shrimp Dip					
MARKET CL DELI	Corn and Black Beans		Black Beans						Nacho Chips/Pita Chips					
	Chipotle Ranch Dressing		Refried Beans											
MARKET CL DELI	Diced Tomato		Diced Tomato		Diced Tomato		Diced Tomato							
	Shredded Lettuce		Shredded Lettuce		Shredded Lettuce		Shredded Lettuce							
MARKET CL DELI	Diced Red Onion		Diced Red Onion		Diced Red Onion		Diced Red Onion							
	Olives		Shredded Cheddar		Olives		Olives							
MARKET CL DELI	Jalapeno		Jalapeno		Jalapeno		Jalapeno							
	Sour Cream		Sour Cream		Sour Cream		Sour Cream							
MARKET CL DELI	Cheddar		Guacamole		Guacamole		Cheddar							
	Salsa		Salsa		Salsa		Salsa							
MARKET CL DELI	Metz Mac Wrap		Cuban Sandwich		Sloppy Joe on Bun		Mushroom Swiss Melt		Caprese Flatbread		Chicken Tenders		Roasted Veggie Melt	
	Fried Pickles		Sweet Potato Fries		French Fries		Tater Tots		House Made Chips		Waffle Fries		Fries of the Day	
MARKET CL DELI	Seasonal Vegetable		Seasonal Vegetable		Seasonal Vegetable		Seasonal Vegetable		Seasonal Vegetable		Seasonal Vegetable		Seasonal Vegetable	
	Loaded Baked Potato Soup		Loaded Baked Potato Soup		Loaded Baked Potato Soup		Loaded Baked Potato Soup		Loaded Baked Potato Soup		Soup of the Day		Soup of the Day	
MARKET CL DELI	Beef Enchilada Soup		Chicken & Rice Soup		Tomato Soup		Turkey Barley Soup		Lobster Bisque					

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

Denotes Vegetarian Item

Denotes Vegan Item

Denotes Gluten-Friendly Item